

PREGNANCY

Low back pain and low back pain represent the majority of disorders found in clinical practice; the evidence of this becomes more important when faced with pregnant patients.

Osteopathic treatments during pregnancy also address the onset of additional specific pregnancy problems, such as pain in the legs, lymphedema.

Osteopathy can provide relief from the first trimester of pregnancy, even when nausea is frequent.

Osteopathy restores the physiology of the body, improving the functionality of the systems and the sleep / wake rhythm thanks to its action on the neuroendocrine system, allowing the release of endorphins, the hormones of good mood, which facilitate sleep.

Osteopathic treatment of the lumbopelvic girdle should be indicated for all types of pregnancy, not only in case of muscle-joint pain, to significantly reduce the intensity, but also to reduce the time of delivery and any consequences related to it .

NEONATOLOGY AND PEDIATRICS

In neonatal, pediatric and developmental age, postural deficits and neuro-musculoskeletal dysfunctions can be taken early, as well as the regular functioning of organs and tissues.

Through our osteopathic techniques we will inform the structures of the whole organism to the correct and physiological function, which is sometimes also disturbed by the so-called birth trauma.

Osteopathy uses delicate treatments suitable for all stages of the child's growth. The osteopathic approach is natural, non-invasive and free of side effects and corrects postural problems by avoiding their repercussions in adulthood.

Osteopathy deals with the structural and mechanical problems of the human body, in order to alleviate any pain that derives from it. It uses a "sweet" methodology perfect for patients of any age.

Osteopathy and Posturology study the individual as a whole, identifying the causes (not only analyzing the symptoms) of the dysfunctions or disorders, trying to intervene on them in order to restore the harmony and balance of the organism .

Pediatric osteopathy is very useful in the treatment of affections and disorders related to childbirth, giving them the right balance and body harmony, while for years it has been used to combat column problems, such as scoliosis and poor postures .

Osteopaths who have taken a specific and specialized university training course in "Pediatric Osteopathy", in taking care of children, pay close attention to the many aspects that concern the body, mind, nutrition and, when possible, observe the child in the whole family context.

There are many situations that can alter the cranial structure of the child, with short and long-term effects, which could occur with plagiocephaly, regurgitation, sucking difficulties, recurrent otitis, up to even

important postural problems visible only after a few years .

The newborn may experience a painful sensation of pressure in the skull, which is often made worse when lying down.

Many infants swallow a lot of air during the feeding time, which makes feeding difficult and tiring and causes mechanical stress on the skull, face and throat. The nerves of the tongue become irritated in the portion that protrudes from the skull, thus making sucking difficult and painful.

Regurgitation of milk between feedings, attacks of prolonged crying due to colic and intestinal air, often worse in the evening, can be caused by irritation of the nerve that goes to the stomach from the base of the skull, which makes digestion difficult. Even the diaphragm stretched or fixed in one of its physiological movements, causing digestive difficulties, could be the reason for the aforementioned disorders.

The calm and serene approach of Osteopathy makes these treatments suitable for children and babies.